

What is claimed:

1. An oyster extract containing 6% to 14% zinc by dry weight, which mineral is combined with peptides of the oyster.
2. The oyster extract according to claim 1, wherein the peptides have molecular weight of 3000 to 5000 daltons as judged by the results of gel filtration chromatography.
3. The oyster extract according to claim 1 or 2, wherein the oyster extract is obtained by extracting oysters with hot water, adjusting the oyster residue to pH 2 to 4, and neutralizing the residue to obtain a precipitate from the oyster extract.
4. The oyster extract according to one of claims 1, 2 or 3 wherein further containing 0.05% to 0.2% of manganese by dry weight and 1% to 2% of magnesium by dry weight.
5. An oyster extract mixture comprising the oyster extract according to any one of claims 1, 2, 3 or 4 and an oyster extract obtained by hot water extraction.
6. An oyster extract mixture containing 0.05% to 0.4% zinc by dry weight, which mineral is combined with peptides of the oyster.
7. The oyster extract mixture according to claim 6, wherein the extract further containing 3% to 7% taurine by dry weight and 30% to 60% glycogen by dry weight.
8. The oyster extract mixture according to claim 6, wherein the extract further containing 3% to 7% taurine by dry weight, 30% to 60% glycogen by dry weight, 0.002% to 0.005% manganese by dry weight, and 0.4% to 1.2% magnesium by dry weight.
9. A process for manufacturing an oyster extract comprising the steps of extracting oyster with hot water, then adjusting the oyster residue to pH 2 to 4, filtering the residue extract and neutralizing the pH of the filtered extract to obtain a high-mineral precipitate of the oyster extract.